

Janet Stephens

Janet Stephens YouTube Videos: Series of Short Online Video Hair Tutorials Teaching About Ancient Hairstyles

United States (2011)

TAGS: [Agrippina the Elder](#) [Agrippina the Younger](#) [Ancient Fashion](#) [Aphrodite](#) [Cleopatra VII](#) [Faustina the Elder](#) [Faustina the Younger](#) [Greece](#) [Greeks](#) [Julia Domna I](#) [Plotina \(Empress\)](#) [Roman Empire](#) [Roman Republic](#) [Rome](#) [Sabina \(Empress\)](#) [Vestal Virgins](#) [Wedding Traditions \(Greek and Roman\)](#)



We are still trying to obtain permission for posting the original cover.

General information	
<i>Title of the work</i>	Janet Stephens YouTube Videos: Series of Short Online Video Hair Tutorials Teaching About Ancient Hairstyles
<i>Country of the First Edition</i>	United States of America
<i>Country/countries of popularity</i>	Worldwide
<i>Original Language</i>	English
<i>First Edition Date</i>	2011
<i>Available Onlne</i>	youtube.com (accessed: August 20, 2018)
<i>Genre</i>	Educational films , Instructional and educational works, Internet videos, Short films
<i>Target Audience</i>	Crossover (Young adults but children and adults as well, anyone interested in unique hairstyles)
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Creators



Janet Stephens (Author)

Janet Stephens was born in Kennewick, Washington. She is an independent scholar, professional hairstylist and cosmetologist based in Baltimore, MD, whose area of academic specialization is ancient and historic hairdressing. She has published *Ancient Roman Hairdressing: On (Hair)Pins and Needles* (Journal of Roman Archaeology 21, 2008) and *Recreating the Hairstyle of the Fonesca Bust* (EXARC Journal Annual Digest, 2013). She has given numerous presentations, including *The Scientific Hairdresser: Curling and Coiffing in the Jeffersonian Era*, *Ovid's Cosmetology: The Hair Science behind Amores 1.14*, *Truthy or False-ish? Hair in Ancient Roman and Renaissance Female Portraiture*, *Ancient Roman Hairdressing: Fiction to Fact*, and *Vestal Virgin Hairstyling: Recreating the Seni Crines*. Ms. Stephens was a 2011 Rome Prize finalist in Design (see [here](#), accessed: June 28, 2018).

Source:

Janet Stephens YouTube [channel](#) (accessed: September 5, 2017).

Bio prepared by Hanna Zarzycka, University of Warsaw,
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Additional information

Summary

Titles of videos (accessed: August 20, 2018):

[*Julia Domna I;*](#)

[*Agrippina the Younger;*](#)

[*Ancient Roman Hair Styles: Men;*](#)

[*Aphrodite Knot;*](#)

[*Cleopatra;*](#)

[*Empress Sabina: Ancient Roman Hairdressing;*](#)

[*Julia Domna: Forensic Hairdressing;*](#)

[*Cleopatra's Coin Hairstyle;*](#)

[*The Hairstyles of Faustina the Younger;*](#)

[*Flavian-Trajanic Hairstyle: Orbis Comarum;*](#)

[*Hairstyle of Empress Faustina the Elder;*](#)

[*Hairstyle of Agrippina the Elder;*](#)

[*Classical Greek Hairstyle;*](#)

[*The Hairstyle of Empress Plotina;*](#)

[*The Tutulus Hairstyle: Ancient Roman Hairdressing;*](#)

[*Vestal Hairdressing: Recreating the "Seni Crines";*](#)

[*Hairstyle and Costume of the Roman Bride;*](#)

[*Ornatrix School: Needle Skills;*](#)

[*Ornatrix School: Bodkin Skills - 2nd ed.;*](#)

[*Hairstyle of Agrippina the Elder;*](#)

[*2 Grecian Cross-tied Hairstyles for Women;*](#)



[Grecian "Sakkos" Hairstyle for Women;](#)

[Hairstyle of a Young Roman Girl, 40's BC;](#)

[The "Tower" Hairstyle: 2nd Century AD.](#)

Currently, there are many Janet Stephens' hair tutorials on her channel on YouTube, such as the ones explaining the hairdo of Agrippina the Younger, Cleopatra and even Aphrodite's knot. Every inspiration comes from a real sculpture from various museums all over the world, for example [Hairstyle of a Young Roman Girl, 40's BC](#) video (accessed: August 20, 2018) was inspired by the sculpture from the Museo Centrale Montemartini in Rome. There are also videos of men hairstyles, from Julius Caesar's to Maximinus Thrax's ([Ancient Roman Hair Styles: Men](#), accessed: August 20, 2018). Her knowledge comes from reading many ancient sources, such as Ovid's *Amores*.

Analysis

Janet Stephens started her classical work quite unexpectedly. As she was waiting for her daughter who was taking music classes, she decided to visit Walters Art Museum in 2001 where she found a sculpture of Empress Julia Domna (170–217 A.D.), wife of Emperor Septimius Severus. The hairstyle of Empress fascinated her so much that she started doing a deeper research about the ancient hair. In 2005, while studying translations of Roman literature, she realized the Latin term "acus," which has several meanings including a "single-prong hairpin" or "needle and thread," was being mistranslated as "single-prong hairpin" in the context of ancient Roman hairdressing. While single-prong hairpins could not have held up the elaborate hairstyles of ancient Rome, a needle and thread could*. After that, she recreated many ancient hairstyles and put them in a tutorial form on a YouTube platform.

Her work in the field of YouTube hair community is very different from other offerings in this area because of her experience as a stylist and as a scholar. She provides a particular insight into how hair works and what can be accomplished with what tools. She upends a number of assumptions — that Roman women must have used wigs to achieve their more elaborate hairstyles or that they used hairpins — and injects a whole new simplicity and accuracy to the very vocabulary of ancient hairdressing**. Her research into the subject of ancient hair styles took over six years, from visiting many art museums and poring



over exhibition catalogues to reading ancient works in Italian which she speaks fluently and even in Latin (with the help of her academic friends). She is fully conversant in classical archaeology (including unpublished artifacts), ancient literary sources and published scholarship about Roman hairstyling, and not just Roman but Etruscan and Greek as well***.

* See: en.wikipedia.org (accessed: August 20, 2018).

** See: thehistoryblog.com (accessed: August 20, 2018).

*** Ibidem.

Classical, Mythological,
Traditional Motifs,
Characters, and
Concepts

[Agrippina the Elder](#) [Agrippina the Younger](#) [Ancient Fashion](#) [Aphrodite](#)
[Cleopatra VII](#) [Faustina the Elder](#) [Faustina the Younger](#) [Greece](#) [Greeks](#)
[Julia Domna I](#) [Plotina \(Empress\)](#) [Roman Empire](#) [Roman Republic](#) [Rome](#)
[Sabina \(Empress\)](#) [Vestal Virgins](#) [Wedding Traditions \(Greek and Roman\)](#)

Other Motifs, Figures,
and Concepts Relevant
for Children and Youth
Culture

[Appearances](#) [Fashion](#) [Gender, female](#) [Historical figures](#) [History](#)

Further Reading

Eveleth Rose, [This Woman Is a Hair-Style Archaeologist](#), smithsonianmag.com, May 28, 2013 (accessed: August 20, 2018).

[Hairdo archaeologist' solves ancient fashion mystery](#), bbc.com, May 26, 2013 (accessed: August 20, 2018).

[Janet Stephens: Intrepid Hairdressing Archaeologist](#), The History Blog, posted on January 26, 2012 (accessed: August 20, 2018).

Oliver, Dana, [Ancient Roman Hair Discovery Made By Hair Archaeologist Janet Stephens](#), huffingtonpost.com, March 22, 2013



Hanna Zarzycka, "Entry on: Janet Stephens YouTube Videos: Series of Short Online Video Hair Tutorials Teaching About Ancient Hairstyles by Janet Stephens", peer-reviewed by Elżbieta Olechowska and Lisa Maurice. *Our Mythical Childhood Survey* (Warsaw: University of Warsaw, 2018). Link: <http://omc.obta.al.uw.edu.pl/myth-survey/item/475>. Entry version as of July 09, 2026.

(accessed: August 20, 2018).

Pesta, Abigail, [*On Pins and Needles: Stylist Turns Ancient Hairdo Debate on Its Head*](#), wsj.com, February 6, 2013 (accessed: August 20, 2018).

Pappas, Stephanie, [*Ancient Rome's hairdo for vestal virgins re-created*](#), nbcnews.com, January 9, 2013 (accessed: August 20, 2018).

[*The Hair Archaeologist: Janet Stephens*](#), classics.rutgers.edu, 2015 (accessed: August 20, 2018).

