

Verna Aardema , Nancy L. Clouse

## Sebbugugu the Glutton: A Bantu Tale from Rwanda

United States of America (1993)

TAGS: [African Storytelling](#) [African Traditions](#) [Gods](#)



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General information	
<i>Title of the work</i>	Sebbugugu the Glutton: A Bantu Tale from Rwanda
<i>Country of the First Edition</i>	United States of America
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<i>Target Audience</i>	Crossover (children and young adults)
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## Creators



### **Verna Aardema , 1911 - 2000 (Author)**

Verna Norberg Aardema Vugteveen was born in New Era, Michigan on June 6, 1911. She taught elementary school in Michigan from 1934-1973. She is known for her ability to adapt and retell traditional tales and folklore from distant cultures (usually Africa and Mexico) to children. She published her first collection of stories, *Tales from the Story Heart* in 1960 and in 1976 her book, *Why Mosquitoes Buzz in People's Ears* earned her the Caldecott Medal. She died on May 11, 2000 and was buried in Fort Myers, Michigan.

Sources:

[en.m.wikipedia.org](https://en.m.wikipedia.org) (accessed: July 29, 2021).

[booklogymagazine.com](https://booklogymagazine.com) (accessed: July 29, 2021).

Bio prepared by Eleanor A. Dasi, University of Yaoundé 1,  
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### **Nancy L. Clouse (Illustrator)**

Nancy L. Clouse is an American author and illustrator of children's books like *Puzzle Maps U.S.A.* She graduated from Michigan State University in 1969 with a degree in Art Education. She is an art teacher at Michigan and a docent in the Grand Rapids Art Museum where her works have been exhibited.

Eleanor A. Dasi, "Entry on: Sebbugugu the Glutton: A Bantu Tale from Rwanda by Verna Aardema, Nancy L. Clouse", peer-reviewed by Divine Che Neba, Daniel A. Nkemele and Lisa Maurice. *Our Mythical Childhood Survey* (Warsaw: University of Warsaw, 2018). Link: <http://omc.obta.al.uw.edu.pl/myth-survey/item/210>. Entry version as of July 10, 2026.

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Source:

[\*Cedar Springs library features Nancy Clouse in rotating art exhibit\*](#), mlive.com, published January 4, 2019 (accessed: July 30, 2021).

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## Additional information

### Summary

Sebbugugu is a poor man who lives in a hut with his wife, Unanana, and their two sons, Zitu and Zabala. All they own is one cow named Gitale, on whose milk the sons feed. One fateful day Unanana leaves to tend her garden in the forest. A bird comes around their hut and Sebbugugu is convinced that its chirping is a message from Imana, the God of Rwanda. He tells his wife that if he kills the cow, they will have a hundred more. But she is not convinced and warns him not to do anything foolish. He finally slaughters the cow but none appears. The family feeds on beef for days, after which they go hungry and resolve to migrate in search for food.

When they cannot find anything, Sebbugugu begs Imana, the Lord of Rwanda, for help. Imana hears his pleas and leads them to an orchard with different kinds of fruits and vegetables. He asks them to harvest as much as they want but warns that the plants should not be destroyed. But after enjoying the bounty of the orchard, Sebbugugu tells his wife that the plants will produce more if he trims them. Unanana reminds him of Imana's warning but he pays no heed. He trims the plants which wither and die shortly afterwards. Again, they are left hungry and again, Sebbugugu pleads with Imana to rescue them. Imana then takes them to a rock with a small crack on it and commands the rock to bring out food. All kinds of food come out and again, Imana warns them to eat as much as they want but they should not disturb the rock. After a while, Sebbugugu decides that the crack is too small and decides to widen it. For a second time, his wife cautions him about Imana's warning but he does not listen to her. When he tries to force the crack open, it instead closes up and once again, they have to go and search for food. For the third time, Sebbugugu implores Imana to help and in his mercy, he points out a cattle kraal to them. He asks them to feed on the milk from the cows and give some of the milk to Igwababa, the crow, and Imana's servant and herdsman. Sebbugugu and his family live there until their sons were all grown up. Then Sebbugugu tells his wife that since his sons are big enough to tend cattle, there is no use for the crow anymore, and so he will kill it. For the third time, his wife reminds him of the warning and as usual, again he does not listen to his wife. Then he ambushes the crow and with his bow and arrow, brings it down. Instantly, Imana causes all the cattle together with Sebbugugu's wife and children to disappear without trace. That is how Sebbugugu lost everything.



## Analysis

Greed and ingratitude are vices that almost all world cultures, from ancient to modern, frown at. These vices are associated with gluttony, which constitutes one of the seven deadly sins. These sins usually incur the wrath of the God(s). The Christian Bible warns, in Proverbs 23:21, that "drunkards and gluttons shall come to poverty..." which is the fate reserved for Sebbugugu's in the above myth. Not only does he fail to comply with Imana the creator's restrictions, but he also pays no heed to his wife's cautions. In this regard, he manifests traits of a typical patriarchal male who thinks he has the final say; the woman's voice does not count. Nonetheless, the woman's advice in this story proves right thereby weakening and questioning the patriarchal stance on male monopoly of knowledge.

In his quest for more, Sebbugugu disobeys Imana and tests his patience thus incurring his wrath. As punishment, his whole family is lost in the void. This teaches Sebbugugu that there is always a price to pay for greed, ingratitude, and disobedience particularly when it comes to the gods. The story of Sebbugugu functions as a warning tale to people of all ages to beware of greed, ingratitude, and disobedience of the gods as the punishment or misfortune that awaits any such person is usually severe.

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Classical, Mythological,  
Traditional Motifs,  
Characters, and  
Concepts

[African Storytelling](#) [African Traditions](#) [Gods](#)

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Other Motifs, Figures,  
and Concepts Relevant  
for Children and Youth  
Culture

[Character traits](#) [Disobedience](#) [Punishment](#) [Relationships](#) [Religious beliefs](#)

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Further Reading

Knappert, Jan, *Kings, Gods, & Spirits from African Mythology*, New York: Peter Books, 1986.



Eleanor A. Dasi, "Entry on: Sebbugugu the Glutton: A Bantu Tale from Rwanda by Verna Aardema, Nancy L. Clouse", peer-reviewed by Divine Che Neba, Daniel A. Nkemele and Lisa Maurice. *Our Mythical Childhood Survey* (Warsaw: University of Warsaw, 2018). Link: <http://omc.obta.al.uw.edu.pl/myth-survey/item/210>. Entry version as of July 10, 2026.

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Mbitu, Ngangar and Rancor Prime, *Essential African Mythology: Stories That Changed The World*, San Francisco: Thorsons An Imprint of Harper Collins Publishers, 1997.

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Addenda

Country of origin: Rwanda.

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